Monthly menu

MEAL		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Breakfast	Cheerios & bananas milk/water	Sausage, toast & oranges milk/water	Waffle & applesauce milk/water	Muffins & raisins milk/water	Awg cheerios & bananas milk/water
	Am snack	Cheez-its water	Woven crackers water	Peanut butter crackers water	Pretzels water	Gram crackers water
	Lunch	Beenie weenies, peaches & bread milk/water	Turkey & cheese sandwich, pickles & apples milk/water	Beef sausage, mashed potatoes wg bread & pineapple milk/water	Chicken nuggets, wg bread, green beans & mandarins milk/water	Hot dog, wg bun, mixed fruit & French fries milk/water
	Pm snack	Gram crackers & peanut butter milk/water	Cheez-its & apples milk/water	Animal crackers & oranges milk/water	Yogurt & crispix milk/water	Misson corn chips & old English cheese spread milk/water
Week 2	Breakfast	Cheerios & bananas milk/water	Sausage, toast & oranges milk/water	Waffle & applesauce milk/water	Muffins & raisins milk/water	Awg cheerios & bananas milk/water
	Am snack	Cheez-its water	Woven crackers water	Peanut butter crackers water	Pretzels water	Gram crackers water
	Lunch	Awg spaghetti, meat sauce, green beans & peaches milk/water	Bologna & cheese Awg sandwich, pickles & apples milk & water	Meat balls awg bread, peas & fruit cocktail milk & water	Hot dog wg bun, French fries & mandarin oranges milk & water	Sloppy joes, awg bread, baby carrots & pineapple milk & water
	Pm snack	Gram crackers & peanut butter milk/water	Cheez-its & apples milk/water	Animal crackers & oranges milk/water	Yogurt & crispix milk/water	Misson corn chips & old English cheese spread milk/water
Week 3	Breakfast	Cheerios & bananas milk/water	Sausage, toast & oranges milk/water	Waffle & applesauce milk/water	Muffins & raisins milk/water	Awg cheerios & bananas milk/water
	Am snack	Cheez-its water	Woven crackers water	Peanut butter crackers water	Pretzels water	Gram crackers water
	Lunch	Awg tortilla taco, charro beans & peaches milk & water	Franks & mac, green bean & pineapple milk & water	Chicken noodle, mix veggies & pears milk & water	Meat balls in sauce, tx toast, potatoes & oranges milk & water	Chicken nuggets, fries, agw bread & fruit cocktail milk & water
	Pm snack	Gram crackers & peanut butter milk/water	Cheez-its & apples milk/water	Animal crackers & oranges milk/water	Yogurt & crispix milk/water	Misson corn chips & old English cheese spread milk/water
Week 4	Breakfast	Cheerios & bananas milk/water	Sausage, toast & oranges milk/water	Waffle & applesauce milk/water	Muffins & raisins milk/water	Awg cheerios & bananas milk/water
	Am snack	Cheez-its water	Woven crackers water	Peanut butter crackers water	Pretzels water	Gram crackers water
	Lunch	Grilled cheese, mixed veggies & peaches milk/water	Ravioli, awg bread, green bean & mixed fruit milk/water	Chicken & cheese fajita, awg tortilla, refried beans & bananas milk/water	Mini corn dogs, tx toast, pineapple milk /water	Chicken strips, awg bread, corn & apples milk/water
	Pm snack	Gram crackers & peanut butter water	Cheez-its & apples water	Animal crackers & oranges water	Yogurt & crispix water	Misson corn chips & old English cheese spread water